



## Fact Sheet:

# About Women's Health and Wellbeing Barwon South West

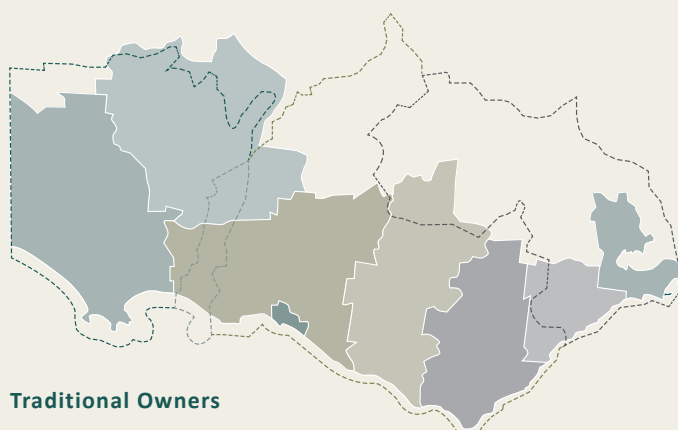


## Who we are

We are a not-for-profit health promotion organisation working across the Barwon South West region of Victoria. Our region spans the lands of three Traditional Owner groups – the Gunditjmarra, Eastern Maar and Wadawurrung – and the clans that reside within them. The region includes nine local government areas: Borough of Queenscliffe, City of Greater Geelong, Colac Otway Shire, Corangamite Shire, Glenelg Shire, Moyne Shire, Southern Grampians Shire, Surf Coast Shire and Warrnambool City Council.

The Victorian Women's Health Program was established by the state government in the late 1980s to improve the lives of women. Our organisation was incorporated in 2011 to service the Barwon South West region. As an Incorporated Association, our organisation is led by a board of women elected from our membership base. Our team of skilled practitioners provide regional leadership, capacity-building and expertise on key women's health issues.









**You can find out more about our staff and team [here](#).**



### Traditional Owners

- Gunditjmarra People
- Gunditjmarra & Eastern Maar People
- Eastern Maar People
- Wadawurrung People

### Local Government Areas

-  Glenelg Shire
-  Southern Grampians Shire
-  Moyne Shire
-  Warrnambool City
-  Corangamite Shire
-  Colac Otway Shire
-  Surf Coast Shire
-  City of Greater Geelong
-  Borough of Queenscliffe

## How we work

Our vision is a future in which all women are healthy, safe, and can access all of life's opportunities.

We employ best practice health promotion principals to reduce health inequalities and prevent ill-health before it occurs. Our work is evidence-based, values collaboration and participation, and is guided by the needs and voices of women in our region.

We are committed to an intersectional feminist approach that understands and addresses gender inequality in conjunction with other forms of discrimination and disadvantage. We work with a range of partners to improve the lives of anyone who identifies as a woman, as well as people who might not be women but share the reproductive health of women, for example trans men and some non-binary and intersex people. We are committed to ensuring our organisational approach is inclusive, respectful and welcoming, and is flexible and responsive to the diverse needs of our community.

## What we do

We work across three key priority areas: advancing gender equity; preventing violence against women; and improving sexual and reproductive health.

We lead change by shifting public discussion, translating evidence into action and pushing for policy changes in businesses, organisations and all levels of government. We do these things through:

- Building strategic intersectoral partnerships to address gender inequality
- Translating evidence to support best practice health promotion action
- Supporting shared monitoring and evaluation frameworks and activities
- Providing coordinated regional leadership to build the skills, knowledge and expertise of the Barwon South West region.

## Contact

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